

MORE EXPERTISE.
MORE CHOICES.
MORE EFFECTIVE SOLUTIONS.



Regional
Brain & Spine

Expertise. Service. Integrity.

...DELIVERED BY
A **TEAM OF EXPERTS**
DEDICATED TO
YOUR RETURN
TO HEALTH.

Whether you've suffered a brain or spinal injury or are battling a painful chronic condition, look to Regional Brain & Spine for the expert care you deserve. Our team combines specialized expertise with essential choices so you can achieve more effective solutions for your pain and injury.

OUR MULTIDISCIPLINARY APPROACH GIVES YOU MORE OPTIONS.

Regional Brain & Spine is the only independent practice in the area to offer neurosurgery, pain management and physical medicine/rehabilitation under one roof. The result is more individualized and complete treatment solutions for every person in our care.

YOU HAVE A CHOICE IN HOSPITAL CARE. Regional Brain & Spine has the distinction of being a physician-owned practice in the area with privileges at two local hospitals: Southeast Missouri Hospital and Missouri Delta Medical Center. Plus, we have our own West Park Surgery Center for outpatient procedures.

MANY AREA DOCTORS CHOOSE US. Regional Brain & Spine is trusted by doctors and medical professionals to treat their own pain and injury. We are proud of the referrals made based on the excellent care and results doctors have seen in the individuals they entrust to our care.

CHOOSE TOP-QUALITY CARE CLOSE TO HOME. The specialists at Regional Brain & Spine offer the latest treatment innovations at three convenient locations, so you don't have to travel long distances to get excellent care.



“Regional Brain & Spine took great care of me and helped me recover from severe pain caused by two herniated discs. From the minute I walked through the door they treated me like a lifelong patient. I would never go anywhere else.”

— Kara S.

**At Regional Brain & Spine,
we are committed to
giving you...**

**MORE EXPERTISE,
MORE CHOICES, and
MORE EFFECTIVE
TREATMENT SOLUTIONS.**

As our valued patient,
you deserve nothing less.



PROFESSIONALS
WITH A PASSION
FOR **PUTTING**
YOU FIRST.



The Regional Brain & Spine team consists of some of the region's most experienced and respected physicians. Over the years, they have provided people like you with effective solutions for many challenging injuries and health conditions. Each day, they combine their knowledge and skill with compassionate care in order to meet your unique needs.

A TEAM APPROACH ENSURES OPTIMUM CARE

Regional Brain & Spine's advanced practice nurses and certified physician assistants are a critical component of the care we provide. These professionals work closely with our surgeons and physicians to deliver essential assessment and treatment. This unique team approach helps ensure that you receive optimum care.



**EXPERT
SOLUTIONS FOR
NEUROSURGICAL
ISSUES.**

“No one wants to go to a specialist — it can be scary, confusing and overwhelming — especially when you are in pain. Regional Brain & Spine makes the experience better and is a place you don’t mind coming back to.”

— Greg K.

Neurosurgery focuses on the treatment of conditions involving the nerves, brain and spine. The neurosurgeons at Regional Brain & Spine are board-certified with over 27 years of combined experience. They use the latest surgical and minimally invasive techniques to resolve your condition and restore your health. Treatments include:

- **Solutions for back and neck pain** – Caused by spinal stenosis, slipped vertebrae, ruptured or bulging (herniated) spinal discs and other conditions.
- **Treatment for brain tumors** – Collaborating with medical and radiation oncology to provide patients with the best possible treatment options.
- **Carpal tunnel and ulnar nerve surgery** – To relieve pain and weakness caused when nerves in the wrist and elbow become compressed or entrapped.
- **Deep brain stimulation** – Uses a pacemaker in the brain to control symptoms related to Parkinson's disease, dystonia and essential tremors.



INTERVENTIONAL
PAIN MANAGEMENT
DELIVERS ESSENTIAL
RELIEF.



Our highly qualified pain management providers use interventional techniques to pinpoint and treat acute and chronic pain. These leading-edge methods provide essential relief for back and neck pain, cancer-related pain and more. Techniques include:

- **Nerve blocks and epidural steroid injections** – Provide nonsurgical relief of acute back pain, sciatica and spinal arthritis using precise injections of medication around the nerves.
- **Radiofrequency ablation** – Treats nerve tissue to decrease pain signals in a specific area of the body.
- **Spinal cord stimulation** – A device implanted in the back sends electrical pulses to the spinal cord that intercept painful nerve impulses.
- **Targeted drug delivery systems** – Administer medication precisely to the affected area directly into the fluid surrounding the spinal cord to potentially deliver more effective pain control with less side effects.



PHYSICAL MEDICINE
& **REHABILITATION** TO
HELP YOU ACHIEVE
YOUR BEST HEALTH.

“I was in a lot of pain and had tried many medications without success. Dr. Reis recommended a pain pump, and with it in place I felt relief right away.”

— Goldie H.

Physical Medicine & Rehabilitation (PM&R) physicians (also called physiatrists) are nerve and muscle experts who treat conditions that affect how you move. At Regional Brain & Spine, our PM&R specialist is dedicated to helping you achieve the best possible recovery and restored function.

- **Electrodiagnostic testing** – Evaluates the function of muscles and nerves to help determine the cause of pain, numbness and weakness. These tests are used to diagnose herniated discs, carpal tunnel syndrome and other conditions.
- **Workers Compensation services** – Prompt, comprehensive treatment for on-the-job injuries to help employees get back to work quickly and safely.
- **Independent medical exams** – Accurately assess the cause, extent and medical treatment of an injury when liability is an issue.

Take the first step.

Call Regional Brain & Spine today: **573-332-7746**

**THE ULTIMATE IN EFFICIENCY,
COMFORT AND CONVENIENCE**

At Regional Brain & Spine, our team works tirelessly to ensure that every patient is comfortable and well cared for at all times. We provide convenient and timely appointments at all three of our office locations. We're also affiliated with two area hospitals and offer care at our own outpatient surgery center. You don't need a referral to access our care, and we welcome most major insurance plans.

Cape Girardeau

1723 Broadway, Suite 410
Cape Girardeau, MO 63701

Perryville

212 Hospital Lane, Suite 202
Perryville, MO 63775

Sikeston

1106 N Main
Sikeston, MO 63801

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www.RegionalBrainAndSpine.com



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